

Will you be **PREGNANT** this flu season?

Doctors recommend that you get a **FLU SHOT.**

Being pregnant increases your risk
of getting very sick from the flu.
Stay healthy during your pregnancy.
Get vaccinated.



Call your doctor, nurse, or clinic today!



Department of Health and
Human Services

Centers for Disease Control
and Prevention



For more information talk to your doctor, nurse or visit www.doh.wa.gov/cfh/immunize/flu_updates.htm.

For help finding an immunization clinic, call

Family Health Hotline
1.800.322.2588
711 (tty relay) • withinreachwa.org

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